

### Dear Friend of the Rosary Prayer!

(or he or she who would like to become one...)

Let yourself be sheltered in the motherly heart of Mary and immerse yourself in flowing streams of loving contemplation. With every Hail Mary, the words of God are planted in your heart. Live with Mary through the word that comes from the mouth of God!



The rosary has always been an essentially contemplative prayer. We interweave the contemplation of the mysteries of salvation with the prayers we recite. This Scriptural Rosary aims to be a humble effort to make this contemplation easier. According to ancient custom, each mystery – bead by bead – is connected with an inspiring biblical passage and all are integrated into a fruitful praying of the rosary.

*"Everyone is very pleased with it in our prayer group. The Scriptural Rosary is just 'awesome!'"* Alois

*"With the Scriptural Rosary I consciously take time for prayer and I confront the truths about Jesus. Through the Hail Mary I let myself be carried through the bible passages."* Maria

# The Fifth Luminous Mystery

## Holy Eucharist – Adoration: It is the Lord

Fruit: Attitude of worship / Faith / Hope / Love / Awe / Devotion

Our Father...

1. I am the living bread / which came down from heaven. *Jn 6:51* Hail Mary...

2. Jesus said: This is my body. / Behold, I am with you always, even to the end of the world. *Mt 26:26; 28:20* Hail Mary...

3. Christ is in us, the hope of glory. / Hidden from every living eye. *cf. Col 1:27; Job 28:21* Hail Mary...

4. O the depth of the riches and wisdom and knowledge of God! / How unsearchable are his judgments and how inscrutable his ways! *Rom 11:33* Hail Mary...

5. Then their eyes were opened, / and they knew: It is the Lord. *Lk 24:31; Jn 21:7* Hail Mary...

6. They fell down and worshipped him, / crying: Amen, Hallelujah! *Rev 19:4* Hail Mary...

7. I found him, whom my soul loves. / There  
my heart burned within me. *Sg 3:4; cf. Lk 24:32*  
Hail Mary...

8. My soul was beside itself when he spoke to  
me: / You are my chosen bride. *Song 5:6; cf. Rev 21:9*  
Hail Mary...

9. The Lord is worthy to receive power, wealth  
and wisdom, / strength and honour, praise and  
glory! *Rev 5:12* Hail Mary...

10. Let everything that has breath / praise the  
Lord! Halleluja! *Ps 150:6* Hail Mary...  
Glory be...

(2) This promise is fulfilled immeasurably in the Eucharist: His love wants it, His omnipotence can do it. (6) Amen, it is like this: It is the Lord! He doesn't need our worship, we need it. St. Alfonso Liguori says: "Of all forms of piety, the adoration of the Eucharistic Christ is the first after the sacraments; it is dearest to God and most useful to us." It is the source of abundant graces. (7) Our hearts are kindled with divine love before the Eucharistic sun. We can absorb these rays through faith. (8) In the image of the Church as the bride of Christ, the soul of the Church is female, it consists of the souls of all believers. (9) Let us honour Jesus specially in this mystery of the foolishness of his love, in which he makes himself so small for us: God under the shape of bread. (6 + 10) Alleluia is absent during Lent.

### How do I pray the Scriptural Rosary?

The *Lord's Prayer* is prayed first.

Before each *Hail Mary* the respective biblical quotation is read.

The Hail Marys are prayed *without an insertion*.

While you pray, let the words of the biblical reflection resonate in your mind, imagine the scene vividly, and think about its meaning. Proceed thus, bead by bead.

When praying the rosary in a *group*, it is recommended that a prayer leader reads the scripture passages, and the group pray the Hail Mary in turns. You can also pray the Scriptural Rosary as an *alternating prayer* as is customary with the Angel of the Lord. Each biblical quotation consists of two parts separated by a slash "/". The first part can be read by the prayer leader and the second part by the group.

As an *alternative prayer option*, single biblical quotations can be chosen more often, while others are omitted. *Or*, as another alternative, the quotations may be read before the decade.

### Intention for a spiritual fruit

Before each decade, one specific spiritual fruit should be requested. This fruit focuses concretely on your own conversion and spiritual growth.

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